

## ACADEMIC SUCCESS CONTRACT: PROBATION

By Friday, September 4 at 4:30 pm, please submit a signed copy (by you and your academic advisor) of this contract to the Student Development Center (SDC), located at 3612 SC, or via email at [engineering-SDC@uiowa.edu](mailto:engineering-SDC@uiowa.edu).

This contract serves as a resource to reflect on the previous semester and to create strategies that will lead to success in your current semester. Schedule a meeting with your advisor and send them a completed copy of this contract before the meeting. Discuss your plan and collect their signature before returning the contract to the SDC.

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Name: \_\_\_\_\_ HawkID: \_\_\_\_\_

Major: \_\_\_\_\_ Current S.H.: \_\_\_\_\_

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**How would you describe your overall efforts in your last semester?**

**Which of these common challenges for success did you encounter?** Select all that apply

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Challenges from alcohol or substance use                             | <input type="checkbox"/> Easily distracted                                  | <input type="checkbox"/> Mental health challenges    |
| <input type="checkbox"/> Challenging class schedule   | <input type="checkbox"/> Family / personal challenges                       | <input type="checkbox"/> Negative / fixed mindset    |
| <input type="checkbox"/> Concerns with food / nutrition                                       | <input type="checkbox"/> Felt overwhelmed                                   | <input type="checkbox"/> Over - committed / involved |
| <input type="checkbox"/> Did not check email  | <input type="checkbox"/> Financial difficulties                             | <input type="checkbox"/> Physical health challenges  |
| <input type="checkbox"/> Did not know where to go for help or support                         | <input type="checkbox"/> Hesitant to ask for help                           | <input type="checkbox"/> Poor study skills / habits  |
| <input type="checkbox"/> Did not regularly attend class                                       | <input type="checkbox"/> Issues with living situation                       | <input type="checkbox"/> Poor time management        |
| <input type="checkbox"/> Difficulty sleeping  | <input type="checkbox"/> Lack of connection/loneliness                      | <input type="checkbox"/> Procrastination             |
| <input type="checkbox"/> Difficulty staying organized   | <input type="checkbox"/> Lack of interest in course material                | <input type="checkbox"/> Questioning major choice    |
| <input type="checkbox"/> Difficulty with course content                                       | <input type="checkbox"/> Lack of Student Disability Services accommodations | <input type="checkbox"/> Unclear career goals        |
| <input type="checkbox"/> Difficulty with test taking  | <input type="checkbox"/> Lack of support system                             | <input type="checkbox"/> Work schedule               |
| <input type="checkbox"/> Difficulty with transition from high school or different institution |   |  |

**Describe the most significant obstacles/challenges that affected your success.**

**Describe something that went well, made you proud, or contributed to your success.**

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**Select the answer that best describes your academic habits last semester.**

I attended and participated in class:

- Almost never       Rarely       Half the time       Usually       Always

I spend \_\_\_ hours/week studying outside of class:

- 0-10       11-20       21-30       31-40       41+

I regularly (half the time to always) used the following study strategies:

- |   |  |
|---|--|
| <input type="checkbox"/> Checked my calendar daily  | <input type="checkbox"/> Reviewed incorrect answers on graded HW or exams      |
| <input type="checkbox"/> Completed and turned in HW on time   | <input type="checkbox"/> Searched external sources (videos, YouTube, etc.)     |
| <input type="checkbox"/> Completed assigned readings/problems before class                              | <input type="checkbox"/> Set and monitored daily goals                         |
| <input type="checkbox"/> Completed practice exams provided by the instructor                            | <input type="checkbox"/> Spaced out my studying across multiple study sessions |
| <input type="checkbox"/> Created a daily or weekly routine  | <input type="checkbox"/> Studied 3-4 days (or more) before the deadline        |
| <input type="checkbox"/> Created concept maps, flow-charts, or other visual representation of key ideas | <input type="checkbox"/> Summarized key topics in my own words                 |
| <input type="checkbox"/> Created my own study guide and practice questions                              | <input type="checkbox"/> Tested myself with flashcards, Quizlet, or similar    |
| <input type="checkbox"/> Designated time to plan for the upcoming week                                  | <input type="checkbox"/> Took detailed notes during class                      |
| <input type="checkbox"/> Explained concepts to someone else   | <input type="checkbox"/> Used AI to study and complete homework                |
| <input type="checkbox"/> Identified 2-3 locations for productive study time                             | <input type="checkbox"/> Used a planner/calendar with my time commitments      |
| <input type="checkbox"/> Limit distractions (phone, TV, video games) while studying                     | <input type="checkbox"/> Used a timer to limit study time on a subject         |
| <input type="checkbox"/> Reread and highlighted the textbook before exams                               | <input type="checkbox"/> Utilized study groups/accountability partners         |
| <input type="checkbox"/> Rewrote my class notes   | <input type="checkbox"/> Worked optional practice problems                     |

I used the following resources or support services:

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Academic Advisor  | <input type="checkbox"/> Mathematics Tutorial Lab    | <input type="checkbox"/> Student Success Workshops      |
| <input type="checkbox"/> Academic Tips via Tutor Iowa  | <input type="checkbox"/> Office of Financial Aid     | <input type="checkbox"/> Student Wellness               |
| <input type="checkbox"/> Engineering Career Services   | <input type="checkbox"/> Pomerantz Career Services   | <input type="checkbox"/> Study Abroad Office            |
| <input type="checkbox"/> Engineering Tutoring  | <input type="checkbox"/> Private Tutor               | <input type="checkbox"/> Supplemental Instruction (SI)  |
| <input type="checkbox"/> Hanson Center for Communication                                     | <input type="checkbox"/> Professor / TA office Hours | <input type="checkbox"/> University Counseling Services |
| <input type="checkbox"/> Identity Resources (MISSE, ISSS, Athletics, TRIO, IVETS, FSL, etc.) | <input type="checkbox"/> Student Disability Services |   |
|  | <input type="checkbox"/> Student Health              |   |

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**Reflecting on your responses to the questions above, what resources or strategies do you want to continue using?**

**Are there resources or strategies you have tried but did not find helpful? If so, why?**

**Which resources or strategies do you want to try this semester?**

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In addition to improving your GPA, identify two goals to success this semester. The more specific you are about how and when you will use these strategies, the more likely it is that you will follow through with your plan. For assistance with goal setting, check out the following resource: [Setting Effective Goals](#)

**GOAL 1:**

Action Steps:

Resources to achieve the goal:

**GOAL 2:**

Action Steps:

Resources to achieve the goal:

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**Academic Probation Requirements:**

- Complete this contract and required meeting with my academic advisor **by Friday, September 4, 2026.**
- Register for and attend a [Student Success Workshop](#). **Please register for the workshop by Friday, September 4, 2026.**
  - I registered for the following workshop(s): \_\_\_\_\_
- Earn at least a 2.0 term GPA or maintain a 2.0 UI cumulative GPA by the end of the semester
  - [Term GPA I need to return to good standing](#) (UI Cumulative of 2.0 or higher): \_\_\_\_\_

Failure to meet any of the requirements of your probation may result in your dismissal from the University of Iowa College of Engineering. Significant registration changes, missing/incomplete grades, or failure to complete 9sh of coursework toward degree requirements may result in continued probation or dismissal by the Engineering Academic Review Committee. Continued probation will apply if less than 9sh are successfully completed with a 2.0 or higher until a total of 9sh is completed.

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**I have reviewed the [academic probation policies](#) and this Academic Success Contract with my academic advisor. I understand failure to return to good standing could result in my dismissal from the College of Engineering.**

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Advisor Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Advisor Notes:

Discussed (circle any that apply): Schedule Change | [Second Grade Only Option](#) | [Retrospective Withdrawal](#) | Future Schedule Concerns