IOWA ENGINEERING

Academic Advising
Student Development Center
3612 Seamans Center
The University of Iowa
Iowa City, IA 52242
319.335.5763

ACADEMIC SUCCESS CONTRACT: CONTINUED PROBATION

By Monday, February 2 at 4:30 pm, please submit a signed copy (by you and your academic advisor) of this contract to the Student Development Center (SDC), located at 3612 SC, or via email at engineering-SDC@uiowa.edu.

This contract serves as a resource to reflect on the previous semester and to create strategies that will lead to success in your current semester. Schedule a meeting with your advisor and send them a completed copy of this contract before the meeting. Discuss your plan and collect their signature before scheduling a second meeting with Josh Atcher, Director of Academic Advising and Student Support. Your meeting with Josh can occur after turning in your contract to the SDC on February 2, but it must occur before Friday, February 20, 2026.

Name: _____   HawkID: _____

Major: _____   Current S.H.: _____

How would you describe your overall efforts in your last semester?

Which of these common challenges for success did you encounter? Select all that apply

- ☐ Challenges from alcohol or substance use
- ☐ Challenging class schedule
- ☐ Concerns with food / nutrition
- ☐ Did not check email
- ☐ Did not know where to go for help or support
- ☐ Did not regularly attend class
- ☐ Difficulty sleeping
- ☐ Difficulty staying organized
- ☐ Difficulty with course content
- ☐ Difficulty with test taking
- ☐ Difficulty with transition from high school or different institution

- ☐ Easily distracted
- ☐ Family / personal challenges
- ☐ Felt overwhelmed
- ☐ Financial difficulties
- ☐ Hesitant to ask for help
- ☐ Issues with living situation
- ☐ Lack of connection/loneliness
- ☐ Lack of interest in course material
- ☐ Lack of Student Disability Services accommodations
- ☐ Lack of support system

- ☐ Mental health challenges
- ☐ Negative / fixed mindset
- ☐ Over - committed / involved
- ☐ Physical health challenges
- ☐ Poor study skills / habits
- ☐ Poor time management
- ☐ Procrastination
- ☐ Questioning major choice
- ☐ Unclear career goals
- ☐ Work schedule

Describe the most significant obstacles/challenges that affected your success.

Describe something that went well, made you proud, or contributed to your success.

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Select the answer that best describes your academic habits last semester.

I attended and participated in class:
- ☐ Almost never
- ☐ Rarely
- ☐ Half the time
- ☐ Usually
- ☐ Always

I spend __ hours/week studying outside of class:
- ☐ 0-10
- ☐ 11-20
- ☐ 21-30
- ☐ 31-40
- ☐ 41+

I regularly (half the time to always) used the following study strategies:

- ☐ Checked my calendar daily
- ☐ Completed and turned in HW on time
- ☐ Completed assigned readings/problems before class
- ☐ Completed practice exams provided by the instructor
- ☐ Created a daily or weekly routine
- ☐ Created concept maps, flow-charts, or other visual representation of key ideas
- ☐ Created my own study guide and practice questions
- ☐ Designated time to plan for the upcoming week
- ☐ Explained concepts to someone else
- ☐ Identified 2-3 locations for productive study time
- ☐ Limit distractions (phone, TV, video games) while studying
- ☐ Reread and highlighted the textbook before exams
- ☐ Rewrote my class notes

- ☐ Reviewed incorrect answers on graded HW or exams
- ☐ Searched external sources (videos, YouTube, etc.)
- ☐ Set and monitored daily goals
- ☐ Spaced out my studying across multiple study sessions
- ☐ Studied 3-4 days (or more) before the deadline
- ☐ Summarized key topics in my own words
- ☐ Tested myself with flashcards, Quizlet, or similar
- ☐ Took detailed notes during class
- ☐ Used AI to study and complete homework
- ☐ Used a planner/calendar with my time commitments
- ☐ Used a timer to limit study time on a subject
- ☐ Utilized study groups/accountability partners
- ☐ Worked optional practice problems

I used the following resources or support services:

- ☐ Academic Advisor
- ☐ Academic Tips via Tutor Iowa
- ☐ Engineering Career Services
- ☐ Engineering Tutoring
- ☐ Hanson Center for Communication
- ☐ Identity Resources (MISSE, ISSS, Athletics, TRIO, IVETS, FSL, etc.)

- ☐ Mathematics Tutorial Lab
- ☐ Office of Financial Aid
- ☐ Pomerantz Career Services
- ☐ Private Tutor
- ☐ Professor / TA office Hours
- ☐ Student Disability Services
- ☐ Student Health

- ☐ Student Success Workshops
- ☐ Student Wellness
- ☐ Study Abroad Office
- ☐ Supplemental Instruction (SI)
- ☐ University Counseling Services

Reflecting on your responses to the questions above, what resources or strategies do you want to continue using?

Are there resources or strategies you have tried but did not find helpful? If so, why?

Which resources or strategies do you want to try this semester?

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In addition to improving your GPA, identify two goals to success this semester. The more specific you are about how and when you will use these strategies, the more likely it is that you will follow through with your plan. For assistance with goal setting, check out the following resource: Setting Effective Goals

GOAL 1:

Action Steps:

Resources to achieve the goal:

GOAL 2:

Action Steps:

Resources to achieve the goal:

Academic Probation Requirements:

☐ Complete this contract and required meeting with my academic advisor **by Monday, February 2, 2026.**

☐ Meet with Josh Atcher, Director of Academic Advising and Student Success, following the meeting with my advisor. *Complete by Friday, February 2*0.

☐ Register for and attend **TWO** Student Success Workshops. **Please register by Monday, February 2, 2026.**
   - o   I registered for the following workshops: _____ /_____

☐ Earn at least a 2.0 term GPA or maintain a 2.0 UI cumulative GPA by the end of the semester.
   - o   Term GPA I need to return to good standing (UI Cumulative of 2.0 or higher): _____

Failure to meet any of the requirements of your probation may result in your dismissal from the University of Iowa College of Engineering. Significant registration changes, missing/incomplete grades, or failure to complete 9sh of coursework toward degree requirements may result in continued probation or dismissal by the Engineering Academic Review Committee. Continued probation will apply if less than 9sh are successfully completed with a 2.0 or higher until a total of 9sh is completed.

I have reviewed the academic probation policies and this Academic Success Contract with my academic advisor. I understand failure to return to good standing could result in my dismissal from the College of Engineering.

Student Signature: _____   Date: _____

Advisor Signature: _____   Date: _____

Director of Academic Advising: _____   Date: _____

Advisor Notes:

Discussed (circle any that apply):   Schedule Change | Second Grade Only Option | Retroactive Withdrawal | Future Schedule Concerns