# Graduate Student Self-Assessment and Training Plans

# (first year students)

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| Student: | Advisor: |
| HawkID or Student ID#: | Current Year: |
| Degree Objective: | |
| Research Project Title: | |
| **Self-Assessment and Training Plans** | |
| 1. Summary of Scientific Skills Assessment from MyIDP: | |
| 1. Brief overview of the overall goals of research project: | |
| 1. Planned courses for the upcoming semester(s) (names of courses, specific grade targets, other academic achievements if appropriate. Also include which courses you still have remaining to complete your degree: | |
| 1. Proposed service or outreach activities for the upcoming year: | |
| 1. Research, professional development, and personal growth goals (e.g. technical skills, internships, entrepreneurial training, public speaking skills, study skills, time management skills, physical wellness, career networking, etc.) for the next year: | |
| 1. Description of any obstacles or barriers to success that may prevent you from achieving the listed goals, and (if applicable) steps you will take to overcome these barriers: | |
| 1. Description of support network (study groups, tutors, family resources, non-research mentors, professional resources) that are being used to be successful toward the degree: | |
| **Advisor comments:** | |

Provide an updated CV with this form.